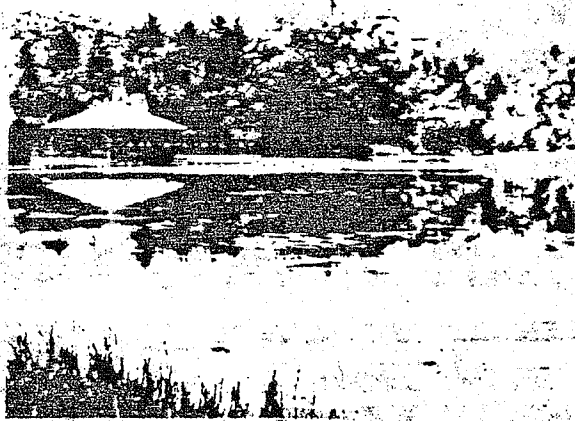


# COOKIN'

IN THE

## BACK COUNTRY



Lakeside Historical Society  
P.O. BOX 1423 Lakeside, Ca. 92040

### COOKBOOK OF THE MONTH

#### JANUARY 1990

\*INTERNATIONAL SPECIAL RECREATION FOR DISABLED PERSONS YEAR.

\*HUMAN RESOURCES MONTH

\*MARCH OF DIMES BIRTH DEFECTS PREVENTION MONTH

\*NATIONAL

CAREERS IN COSMETOLOGY MONTH

EYE HEALTH CARE MONTH

HOBBY MONTH

OATMEAL MONTH

PRUNE BREAKFAST MONTH

SOUP MONTH

VOLUNTEER BLOOD DONOR MONTH

**Z DAY** Jan 1. To give recognition on the first day of the year to all persons and places whose names begin with the letter "Z" and are always listed or thought of last in any alphabetized list.  
Sponsor: Tom Zager, Box 875, Sterling Heights, MI 48310.

JAN. 20<sup>th</sup> C-OF-C SPONSORS 10<sup>th</sup> HARRY SPENCE AWARD HONORING SOME ONE WHO HAS MADE OUTSTANDING CONTRIBUTIONS TO LAKESIDE. CALL 561-1031 FOR INFORMATION.

JAN. 22<sup>nd</sup> - MARK YOUR CALENDAR NOW FOR THIS DATE... THE 1ST MEETING OF THE LAKESIDE HISTORICAL SOCIETY IN 1990 AT THE OLD COMMUNITY COMMUNITY CHURCH... 7:30 PM.

NOW... 180 PAGES OF SUPER INFORMATION!  
\$6.50 INC. TAX..... PLUS \$1.25 IF MAILED.

WE DID DO MORE PROOF-READING BEFORE PRINTING AND WE OMITTED:

\*SPREAD CAMEL MIXTURE OVER CHOCO. CHIPS...

\*3 SQS. BITTER CHALK

\*15 OZ. CAN OF SWEENED CONDENSED MILK.....

BUT, ALAS-ALACK... TWO MORE ERRORS FOUND!

(SORRY ABOUT THAT!)

\*PLEASE CHANGE ITEM OF 1QT. TO 1PT OF BUTTERMILK. (FRANK CLAYCOMB'S REFRIG. BRAN MUFFINS ON PAGE 87).

\*PLEASE USE THE FOLLOWING RECIPE FOR MARGUERITE SHERMAN'S GREEN RIPE OLIVES ON PAGE 5...:

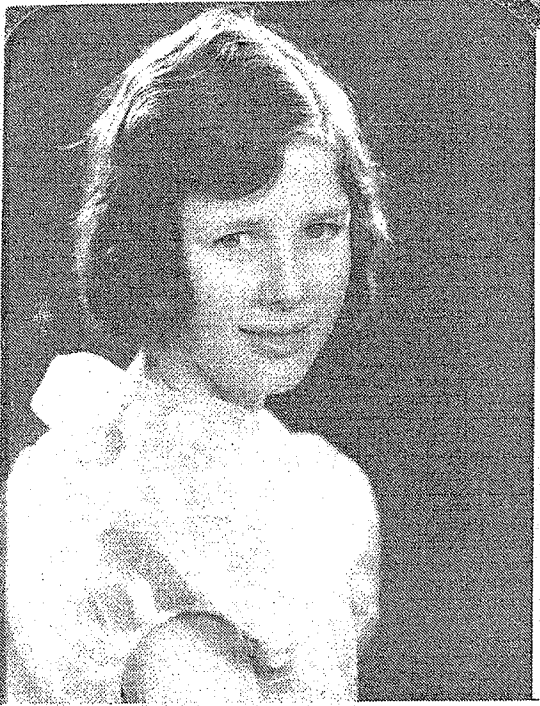
#### GREEN RIPE OLIVES

Pick Olives before they turn black and are speckled and solid not soft. Place in stone crocks or wooden containers - two thirds full. Make a lye solution of one pound of lye dissolved in one gallon of water-make enough solution to cover olives. Stir frequently with a wooden paddle every two hours-about 6 times-and then test with a paring knife for lye penetration to the seed. When lye has penetrated thru skin and half way to seed, pour off lye into another vessel and expose olives to the air. Stir twice daily until they are dark or black-about 1 to 5 days. Return olives to lye solution and leave until lye reaches the seed. Pour off, rinse with water, change every day until olive no longer tastes of lye-usually a week. If you want green olives, skip the pour-off stage.

Make a brine of 6 tablespoons salt to one gallon water, heat and pour over olives packed in one quart jars. Then process at 5 pound pressure until it reaches that pressure, remove from heat. Let pressure come down before removing pressure cover lid. You may use water bath-boil one hour... This method keeps olives longer on the shelf.

Marguerite Sherman

**YOU CAN PUT OFF CHRISTMAS SHOPPING,  
BUT YOU CAN'T PUT OFF CHRISTMAS.**



MEET OUR PRESIDENT  
AT THE TIME OF HER  
BIRTH, AN UMBRELLA  
TREE WAS PLANTED AT  
10537 OAK CREEK DR.  
IT IS STILL GROWING.  
SHE GRADUATED FROM A  
LOCAL GRAMMAR SCHOOL  
AND GROSSMONT HIGH.  
SHE HAS 3 CHILDREN,  
7 GRANDCHILDREN, TWO  
GREAT GRANDCHILDREN.  
WE DON'T KNOW IF SHE  
TAKES VITAMINS.....  
BUT WE ARE NOT  
WORRIED ABOUT HER  
ENERGY !



## PRESIDENTS' PAGE

*Jan. 1990*

Welcome to 1990! It is a new decade and a challenge to me as your president. I look forward to the coming year with great anticipation and ask for the same assistance and continued cooperation that you have given the past officers.

Have you made your New Year Resolutions? I have two for the top of your list. #1 - Mark your calendar so you will remember to attend our meetings on the 4th. Monday at 7:30 P.M. in the Old Community Church. #2 - Make an extra effort to bring new members. Our membership keeps increasing and that is wonderful but we need more "active" members. We are a busy society and it would be great to be able to spread out not only the work but also the enjoyment of our endeavors. My goal for this year is to have our many young adults become more involved in our activities. We need their ideas and suggestions as well as their help.

My wish for everyone is that 1990 will bring happiness and good health to you and those you love.

*Estella*

Estella Brown Sommerville

- \*JAN.22ND...7:30PM MEETING OF THE LAKESIDE HISTORICAL SOCIETY AT 9906 MAINE AVE...BRING YOUR INPUT FOR PROGRAM IDEAS AND A NEIGHBOR OR FRIEND AS A NEW MEMBER RECRUIT.(SOME OF US HAVEN'T BEEN TAKING GERITOL).
- \*JAN.26TH...6:00PM UNTIL ? AT THE VFW BLDG...A ROAST FOR OUR EX-POSTMASTER, DICK BESANCON...GET INFO FROM LES BOSWELL AT 443-4952 OR 443-9543.



# NEWS...ABOUT OUR TOWN & PEOPLE...

"THEY" SLOWED MARCELLA WILLIAMS DOWN ! AFTER FEELING BUM FOR SO-O-O LONG, AND HAVING X-RAYS EVERY DAY, IT WAS SUGGESTED SHE HAVE A STAY IN THE HOSPITAL BECAUSE OF PNEUMONIA...SHE SAID "NO" BUT "THEY" TOOK HER ANYWAY. SHE'S FUSSING ABOUT MISSING MARTHA RECLA'S 80<sup>th</sup> SURPRISE BIRTHDAY PARTY (THEY HAD WALL-TO-WALL PEOPLE THERE) AND NOT BEING ABLE TO BE PRESENT AT THE DEDICATION OF THE COMMUNITY CENTER (SUNDAY JAN. 7<sup>th</sup>) WHERE MORE PEOPLE (150 ?) CAME TO WITNESS THE RIBBON CUTTING THAN THE VIP'S HAD EXPECTED...THE 1ST THREE ROWS WERE MOSTLY FILLED BY MEMBERS OF THE LAKESIDE HISTORICAL SOCIETY !). "THEY" ARE STILL MONITORING "GOLDEN" WILLIAMS BUT WE ARE HAPPY TO REPORT SHE IS BACK HOME AGAIN...MARCELLA SAYS THE LAST TIME SHE WAS IN A HOSPITAL (1952) SHE CAME HOME WITH A BABY-BUT THEY DIDN'T GIVE HER ONE THIS TIME.

\*A SURPRISE VISITOR TO OUR STORE WAS LELA MUSE BOARD FROM PAHRUMP, NV. WHO HAS RECENTLY EXPERIENCED BACK SURGERY AND IS IN A BODY CAST...SAID SHE SIMPLY HAD TO SEE WHAT WE'VE BEEN DOING RE THE CHURCH RESTORATION AND TO TELL THANK YOU TO ALL WHO HAVE HELPED.

\*ANOTHER VISITOR WAS REX HUFFMAN (LIFE MEMBER) WHO BROUGHT ALONG HIS FRIEND ANDY McREYNOLDS WHO WE WELCOME AS OUR NEWEST MEMBER FOR 1990. REX RELATED SEVERAL INTERESTING EPISODES ABOUT OUR NEW PRESIDENT-ESTELLA BROWN SOMMERVILLE. (I'VE JUST MADE A NEW RESOLUTION TO BRING A TAPE RECORDER FOR STORE DUTY-CAN NOT SEEM TO GET THESE GUYS TO "SHARE" AT MEETING TIMES !).

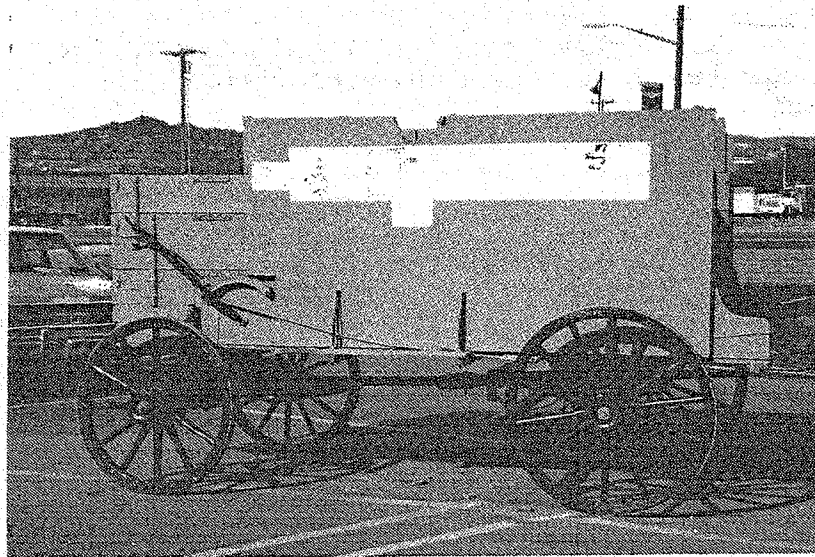
\*THAT VIRUS DOESN'T ONLY AFFECT COMPUTERS. IT HAS CAUGHT NEARLY EVERYONE I KNOW - INCLUDING DOLORES MEYER AND MARGUERITE SHERMAN WHO LEFT FOR ARIZONA TO MEET WITH THELMA ALBERT AND DRIVE HER BACK TO LAKESIDE.

\*HART DUNHAM IS BACK HOME FROM THE HOSPITAL AGAIN AND HE SAYS AS LONG AS THEY KEEP GIVING HIM NEW BLOOD, HE'LL STICK AROUND.

\*THANKS TO ALL WHO HAVE REPORTED PLEASURE ABOUT THE COOK BOOK...542 BOOKS DIDN'T FILL ALL THE REQUESTS, SO 200 MORE HAVE BEEN ORDERED.

WE ARE ESPECIALLY GRATEFUL TO ALL THOSE GOOD PEOPLE WHO WERE INSTRUMENTAL IN OUR RECEIVING ITEMS FROM THE BACK COUNTRY TRADER RELATIVE TO THEIR MOVING TO A NEW ADDRESS IN SAN DIEGO.

\*A GREAT BIG THANK YOU GOES TO CHARLES WATKINS WHO TOOK TIME OUT DURING THE HOLIDAYS TO SPRUCE UP THE OLD FREIGHT WAGON (WE USE AS A BULLETIN BOARD) LOCATED IN VON'S SHOPPING AREA...THE NEW PAINT JOB-GREEN BODY WITH RED WHEELS LOOKS REAL SPIFFY ! WHAT WOULD WE DO WITHOUT OUR GOOD VOLUNTEERS ?



# Lakeside mulls annexation

By Teri Rietz  
Californian staff writer

**LAKESIDE** — The Lakeside Fire Protection District Board of Directors will continue its discussion of the new fire station, administrative offices and the Slaughterhouse Canyon annexation at its meeting at 7:30 tonight.

All three items are ongoing agenda items.

Construction of the new administrative offices located on Parkside Street began last year and is expected to be completed early this year.

The new complex will contain about 5,000 square feet in what will eventually become the Lakeside Town Center and will house a board room, conference room and offices for administrators and staff, some of whom are currently

working in hallways at the headquarters office on Olde Highway 80.

The new fire station, which will serve as headquarters, will be located on Oak Creek Road in Blossom Valley and also will include 5,000 square feet of space to house several dormitories to accommodate both male and female fire personnel.

The cost for the two new buildings is estimated at \$2 million and will be funded by fire mitigation fees.

The second item, the annexation, involves three miles of property along Highway 67 known as Slaughterhouse Canyon.

If the annexation is approved, full service to area residents and businesses would include fire prevention activities and inspections. (tjr)

# Lakeside Senior Center dedicated as first phase of Lindo Lake project

Californian staff report 1-7-90

**LAKESIDE** — A project four years in the making was realized Sunday when the Lakeside Senior Center was dedicated by second district Supervisor George Bailey.

Bailey served as the emcee at the ribbon cutting ceremony, and he noted that the Lindo Lake Park project is "not done. This is just the first phase. But it's a very usable phase."

The second phase, which includes a community center, will be under way and completed this year, said Bob Copper, director of the County Department of Parks and Recreation.

Also in attendance Sunday was

Jerry Lester of the Lakeside Community Services Association. Lester said a group was formed in 1984 to build the senior center, and he thanked many involved with the project in a brief speech.

Bailey awarded Lester a certificate of appreciation, and the two of them reminded those in attendance that the new facility was built for all community members.

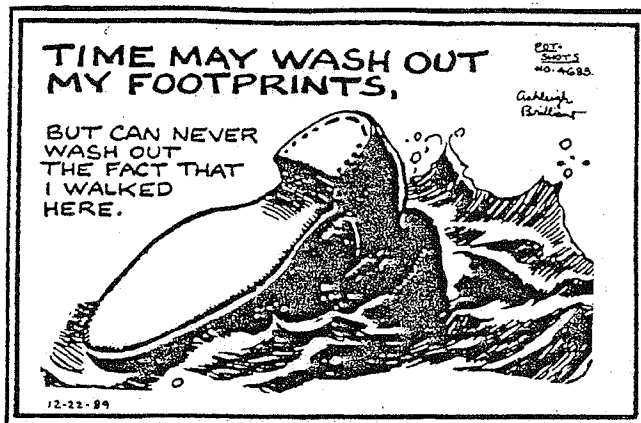
"(The center) doesn't belong to anyone," Bailey said. "It is here for everyone to enjoy."

Norman Hickey, chief administrative officer of the county, thanked Bailey and his staff for sticking with the project through the years. During the ceremony, it was announced that Bailey made a

donation to the center, and Lester reciprocated Bailey's earlier presentation.

After Hickey had addressed the crowd, Dan Laver, director of the Area Agency on Aging, spoke about the Senior Center Bond Act. The act, he said, served as a catalyst for the project. Laver also thanked supporters of the center, including several members of the local American Association of Retired Persons chapter.

Copper concluded the speeches by acknowledging the architects of the building and he updated the crowd on the progress being made with the Lindo Lake Park project. (drc)



The first Tuesday of every month, admission is free at the Natural History Museum, the Reuben H. Fleet Space Theater and the Model Railroad Museum.

porcupine:  
(pór'kū-pín)



A Christmas tree for pigs.

## Months With the Most Births

Most men and women consider April and May the best times to have a child — but the months that have the highest birth rates are February, August, September and December, reports *Self* magazine.

# Scientists find volcano's signature is good as gold

By Malcolm W. Browne  
New York Times News Service

1-1-90

**M**CMURDO STATION, Antarctica — Mount Erebus, the only active volcano in Antarctica, is spewing microscopic crystals of pure gold over the white continent.

The gold particles are far too fine and widely dispersed to harvest as bullion. But scientists studying the interaction of volcanoes with the atmosphere use the gold as a valuable signature of Mount Erebus, distinguishing the ash of this volcano from that of all others.

The gases and suspended particles that volcanoes hurl into the atmosphere have come under increasing scrutiny because of their possible role in damaging the ozone layer.

Ozone in the upper atmosphere blocks the sun's cancer-causing ultraviolet radiation, but in the last two years huge gaps have opened in the ozone shield.

The worst of these holes opened over Antarctica in 1987 and again this year. In temperate zones, the concentration of ozone in the upper atmosphere has been reduced by small amounts.

Scientists believe that chlorofluorocarbons (Freon

gases) released from spray cans, air conditioners, foam plastic and other human sources have caused much of the chemical degradation of the ozone layer.

But volcanoes also emit large amounts of chlorine compounds, probably including hydrochloric acid, that are thought to cause ozone depletion.

To estimate the relative impact of volcanic gases and suspended particles on the atmosphere, scientists are studying Erebus, among other mountains.

They are examining emissions of carbon dioxide, which can contribute to the warming of the atmosphere, and sulfur dioxide, sulfuric acid and nitrogen compounds, which contribute to acid rain.

From a distance, the snow-sheathed flanks of Erebus and the plume of white smoke streaming from its summit form one of the most beautiful landmarks on Ross Island.

But within the Erebus crater is a red-hot lava lake pouring choking acidic gases into the air and occasionally hurling boulders of porous basalt toward populated camps on the mountain.

The air is suffocatingly thin at an altitude of 12,450 feet. The summit temperature even in summer is about minus 30 degrees Fahrenheit, and winds reach gale force.

The discovery of gold in Erebus eruptions was made by Raymond L. Chuan of the University of New Hampshire at Durham and one of his students.

"We have found that gold particles as well as particles of chromium oxide and particles of a certain carbonate occur in the ash of Erebus, and from none of the other volcanoes throughout the world that I have studied," Chuan said.

"This means we can reliably track the eruptions of Erebus in the atmosphere and on the earth's surface, even where material from other volcanoes might be mixed in."

Cylindrical core samples of ice and snow extracted from the depths of the East Antarctica and Greenland ice caps at opposite poles of the world are stratified, and layers of ice, in common with layers of sedimentary rock, can be identified with specific geological ages.

South polar ice contains a stratified record of dust deposited by volcanic eruptions going back 200,000 years.

These strata also contain clues about the temperature of the air over the ages, and other atmospheric conditions affecting life that might have been modified by volcanoes.

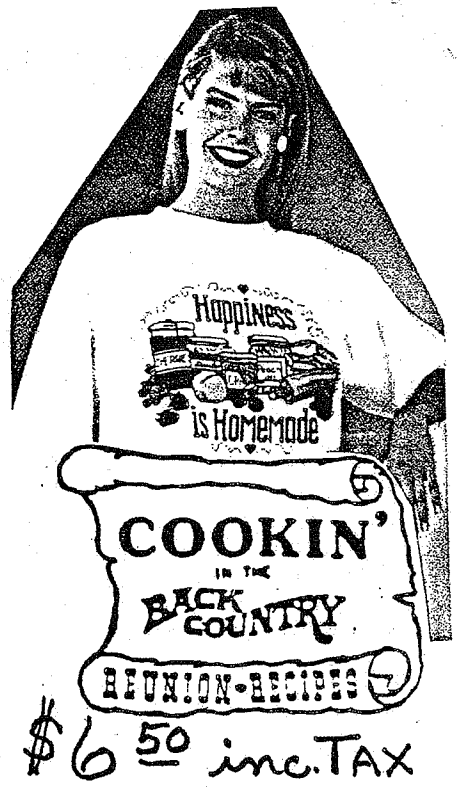
↙ INVOCATION COMPOSED BY TED ROBERTS AND OFFERED DURING OPENING OF ↘

THE RIBBON CUTTING CEREMONY, LAKESIDE SENIOR CENTER, JANUARY 7, 1990.

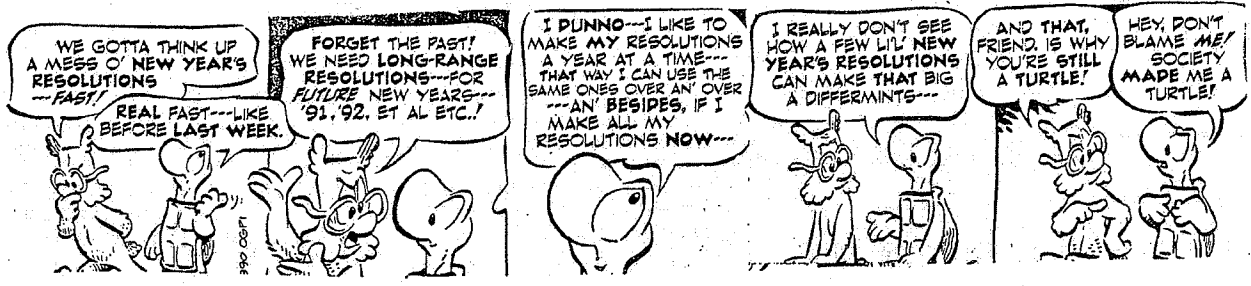
As time-bound humans, knowing a little of the past, having fragmented knowledge of the present, and capable of only educated guesses on what the future may hold, we would bow reverently before an Unseen Presence - the ultimate of wisdom, goodness, and power and love. Gratefully we would reflect on what is behind this moment, and appropriately remember and recognize the persistent labors of citizens and legislators who patiently strove to handle political confrontations and work out vexing funding dilemmas. Now, as we are seeing and touching a beautiful functional building that has emerged from the dreams and visions of highly motivated people, let us simultaneously celebrate the end of the construction and the beginning of the usage. We ask that functionally this facility may become an extension of home for many of us, who walking into the sunset, have a need to be included in the bloodstream of a larger family - to be part of a reliable support system, to be deeply related to pleasure and pain both inside and outside of our own minds and bodies. In this place may no person ever be in nameless isolation. May fun games be played, discussions carried on, good stories exchanged, memories shared, and blessings freely given to each other's children, grandchildren, and great-grandchildren.

With no individual holding title, may we all have legitimate pride of ownership and healthy concern for care and preservation of this splendid tool, so it will not only benefit us, but also those who come after us. And may all people of all ages in this hundred year old community find here on the walls and shelves of the Heritage Room, stimuli to remember frequently those who planted, and those who nurtured in this place on the map which we call home. So, as we rejoice in the opening of a beautiful, usable building, may our ultimate appraisal of value be its contribution to satisfying relationships, its witness to the preeminence of people where friendliness is more than a slogan, where it is a daily experience in real life. These are our feelings. This is our prayer.

Amen



- JANUWEARY BIRTH DATES
- THELMA ALBERT
  - RALPH ANDERSON
  - SHIRLEY STRAUSS ANDERSON
  - LINDA BAINES
  - RICHARD BESANCON
  - ROBIN ANDERSON BUTTERFIELD
  - CARTER'S HAY & GRAIN
  - HARRY CHRISTIANSEN
  - CAROL CLAUSSEN
  - DOROTHY CLEVINGER
  - JULIAN CONANT
  - EDITH DOBBS
  - ELAINE DRAPER
  - LEDA HARTUNG DUNLAP
  - FARLEY DENTAL ARTS
  - HELLENE FOSTER
  - BOBBIE GILLILAND
  - FREDERICK GRUNER
  - TANYA HEAD
  - AUDREY HIBDON
  - REDA HINCKLEY
  - PATRICIA ROBERTS HISLOP
  - ORVILLE HUFFMAN
  - LES KEPHART
  - LAKESIDE\*SANTEE FUNERAL CHAPEL
  - KATHLEEN LOSASSO
  - DOROTHY LYONS
  - MYRTLE PRINDLE MAJOR
  - MARILYN MERGENS
  - MABEL McCLAIN
  - TWILA NUTTER
  - MARCELLA OSUNA
  - COLEEN QUINCEY
  - MARTHA RECLA
  - ELLEN RIDING
  - JEAN ROSENBERGER
  - GERRI STOLL
  - VIRGINIA TOMPKINS
  - BOB WARD
  - BARBARA WINDRESS
  - BRENDA WOOD



## REMINISCING WITH REX HUFFMAN

*On October 4, 1989, Rex Huffman, El Cajon's first Police Chief, engaged in a conversation with Chloris Scott, El Cajon Historical Society Historian.*

I never in my dreamiest ideas thought that I would ever become a cop or a policeman. I had just graduated from Grossmont High School in 1937 and was looking for a job. I tried SDG&E; I tried almost anything, but a job was awful hard to find. So I took the county civil service test to work at Edgemoor Farm. Thirteen days after I took the test, I was called in and had a job -- washing dishes. After 2-3 weeks of dishes, I was moved to the psych ward and stayed there two years. I worked with Dr. Knox and his sister (their father built the Knox Hotel).

One morning at the feed store I was carrying a 100 pound sack of feed on my head and a 75 pound sack on my shoulder; I came down the ramp to the sidewalk and saw a brown hat rolling down the road. There was what I thought was a Boy Scout laying in the street. I went over to the Boy Scout who was sitting up. "What's your name?" he said. "Rex Huffman," I replied. "I'm the new constable here in El Cajon," he said. "Boy, I'm sorry. I never saw you." He laughed and said he needed some men to give him a hand. I told him I didn't know anything about that. He was Buzz Ernest - - one of the finest officers I think I ever knew. He was always very gentle in getting his point over. He never got rough.

He worked for the court and delivered papers (as a Deputy Sheriff). He would come to the store to sit and talk. One day he handed me an envelope saying "I want you to go down to the Sheriff's office...." I went to Bert Strand, and he made me a Special Deputy in the Sheriff's office. From then on Buzz had something for me every 2-3 nights.

One night he said, "I want you to go bounce the Dance Hall." They had put a deputy in the hospital, and he wanted me to go down there and face it. "But I'll be there with you, and you'll have some backup," he told me. The next 2 or 3 nights we worked there, and we arrested a lot of people.

From then on I worked Cecil's Bar in Lakeside when the the water main was being put in the Dam, school dances, any place there might be problems.

We worked the Indian dances in Jamul. Buzz was the type of guy who if someone brought in a bottle of wine, he'd break the bottle right in front of him and then he'd ask him, "How much did you pay for it?" "35¢" "Here's 35¢. Don't bring anymore in." He had common horse sense.

When you looked around and there were three



of us and 200 Indians, it was a pretty good idea not to start too much. He never bullied anybody, but he never took anything, either.

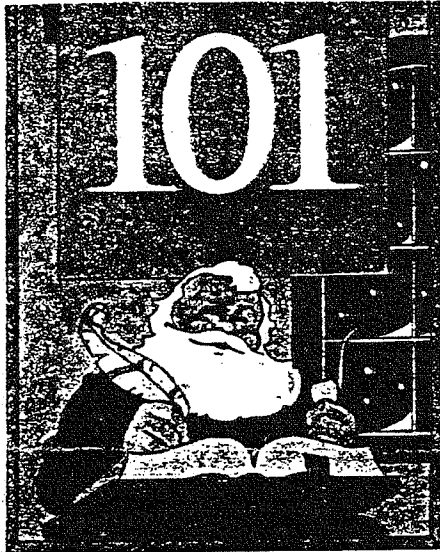
I was a Special Deputy Sheriff for 1-1½ years. Of course, I worked at the El Cajon Hotel, too. There had been some problems with sailors and soldiers before the war. Claude Kenyon came over and asked if I would be Chief of Police. I talked to my father-in-law, Charlie, who said "Go ahead if you want to. If you don't like it, you could always quit."

There was nothing in the police station except a one-way radio; there wasn't even a police car. It was 8-10 days before the city bought a police car. The Police Department had no records of any sort and no books with city ordinances. Most things were made in 1913-15 and had the City Marshall's name on them. The only thing that was halfway good was the chair, and it was split down the middle!

The San Diego Police were like angels to us; they helped us get a two-way radio. The Sheriff's office took care of classification and taking pictures and everything. They kept a running file for us.

This went on for about two years. Meanwhile I had taken the civil service test for the Sheriff's office. They called me up and asked if I wanted a job. I asked Claude about it, and some of the powers that be. Earl Langley thought it would be good experience. I was in the Sheriff's office for approximately two years, and then the city asked me to return to El Cajon.

Most people were very nice in El Cajon. Everybody was willing to help. They loved their kids.



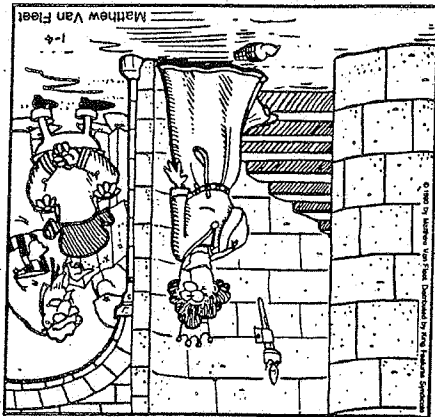
# gifts to give all year long.

1. Smile. 2. Give someone a shoulder to lean on. 3. Give someone a pat on the back. 4. Say "thank you."
5. Don't wait for a reason to give someone a kiss. 6. Or a hug. 7. Whistle when you're feeling down. 8. Rub a sore back. 9. Tell her how nice she looks. 10. Tell him how nice he looks. 11. Say "good morning" even if it isn't.
12. Drive within the 55 MPH speed limit. 13. Mail a letter to your grandmother.
14. Call on an old friend. 15. Wash the dishes when it's her turn. 16. Empty the trash when it's his turn. 17. Ignore a rude remark. 18. Laugh when the joke's on you. 19. Help a friend move. 20. Or clean out his garage. 21. Make the coffee at the office. 22. Make some cookies to dunk in it. 23. Clip coupons for your mother. 24. Clip want-ads for a job-hunting friend.
25. Write a nice letter to the editor. 26. Thank the cook for dinner. 27. Give him/her a squeeze for dessert. 28. Don't discuss the election with your mother-in-law. 29. Don't discuss the superbowl with your father-in-law. 30. Take your mother to lunch. 31. Smile at a meter maid. 32. Send a product manufacturer a complimentary letter. 33. Tell the store manager you like his tomatoes. 34. Buy the wine she likes. 35. Buy the cheese he likes. 36. Say something nice, instead. 37. Send a "care" package to a shut-in. 38. Take a plant to your teacher. 39. Take an apple to your boss. 40. Forgive an old grudge. 41. Talk to someone who's lonely. 42. Look at both sides of the story. 43. Return a book to a friend. 44. Loan him one of your own. 45. Tell him he's wonderful. 46. Tell her she's beautiful. 47. Take the kids to the beach. 48. Take the parents to dinner. 49. Laugh at an old joke. 50. Serve breakfast in bed. 51. Clean your room. 52. Share a dream. 53. Jog with her. 54. Play golf with him. 55. Keep a secret. 56. Try to understand your kids. 57. Try to understand your parents. 58. Squeeze the toothpaste tube from the bottom. 59. Let someone ahead of you in line. 60. Tell someone when he's doing a good job. 61. Tell her she's lost weight. 62. Tell the truth. 63. Say "please." 64. Say "yes." 65. Say you were wrong when you were wrong. 66. Say someone else was right. 67. Help someone change a tire. 68. Help someone change their oil. 69. Type a term paper for a friend. 70. Be quiet when others are trying to concentrate. 71. Spread a little laughter around. 72. Inspire a sad person with a poem or a prayer. 73. Buy your husband/wife a tank of gas. 74. Leave a love note on someone's windshield. 75. Leave a tip for your newspaper boy. 76. Leave a funny card for your mailman. 77. Change someone's typewriter ribbon. 78. Cut the grass. 79. Tell a bedtime story. 80. Thread a needle for your grandmother. 81. Share your vitamin C's. 82. Share your umbrella. 83. Or your favorite old movie. 84. Keep quiet while he watches the game. 85. Surprise him with a snack. 86. Give a flower you picked yourself. 86. Give a flower you grew yourself. 87. Play catch with a little boy. 88. Play catch with a little girl. 89. Pass on some good news. 90. Adopt a stray cat. 91. Or a lost dog. 92. Send a friendly note to a computer. 93. Talk to a plant. 94. Do a kind deed, anonymously. 95. Sing her a song on the piano. 96. Tape a cartoon to the refrigerator door. 97. Admire a sunset with someone. 98. Get up to greet the sunrise, together. 99. Let her read her favorite parts of the newspaper, first. 100. Let him use the hairdryer, first. 101. Say "I love you," often.





The Dairy Queen overhears Colonel Sanders, General Foods and Captain Crunch plotting to overthrow the Burger King.



11-20

TODAY'S CALLER-TELED PLSUBSKI

CATERING BY GINO FACELLI & SONS

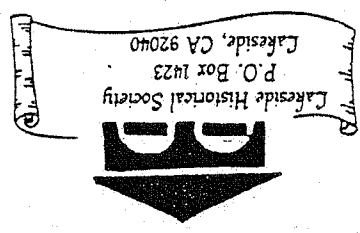
MANAGED BY GLOBE ENTERPRISES  
UNION CITY, NEW JERSEY

SECURITY BY J. SLEDGE LTD.  
LAS VEGAS, NEV.

INDIAN SHOWN UPON REQUEST

**INDIAN BINGO**

BULK RATE  
U.S. POSTAGE  
PAID  
LAKESIDE, CA.  
PERMIT NO. 119



# Lakeside's 'Love of Reading Week' needs volunteers to read to classes

Californian staff report 12-28-89

LAKESIDE — The Lakeside Union School District is looking for volunteers interested in reading to students during the district's "Love of Reading Week," to be held Feb. 5-9.

Community members are invited to read at the Heather O'Rourke Memorial-Lakeside Union School District Community Read-In, scheduled for Friday, Feb. 9. Eight area schools will participate in the Read-In, and volun-

teers will be asked to read to students for about 20 minutes.

"Love of Reading Week" will be filled with various activities in an effort to bring the literary theme to the students. The school district is now looking for help from the community to make the event a success, said library clerk Jan Hoffman.

The Read-In, to be held before noon at the various schools, will conclude the week's activities. The schools participating include: Lindo Lake, Lakeside Farms, Eu-

calyptus Hills, Riverview, Wintergardens, Lakeview, Lakeside Middle School and Tierra del Sol

Hoffman said the district needs support from community members who might be able to provide such items as buttons, bumper stickers, bookmarks and balloons. Those interested in supporting "Love of Reading Week" or volunteering for the Read-In are asked to contact Sandy Gonnerman at the Lakeside Middle School Library.

Gonnerman can be reached at 390-2643. (dro)

## It Works! Smiling Does Make You Feel Better



LAKESIDE Chamber of Commerce cordially invites you to attend their annual

**INSTALLATION DINNER and HARRY SPENCE AWARD PROGRAM**

Saturday, January 20, 1990  
Carlton Oaks Country Club, Crest Room, Santee

No Host Cocktails 7:00 p.m.  
Hors d'Oeuvres courtesy Chamber Board members  
Buffet Dinner 7:45 p.m. \$22.50

- WEDDING ANNIVERSARIES ♥♥♥♥♥
- 37TH CLAIRE & MARY ALLISON
  - 37TH DOROTHY STRANGE & ROBERT BELLANTE
  - 39TH HARRY & JOAN BUCKEL
  - 42ND RON & CINDY CONLEY
  - 37TH DOROTHY & ROGER HOUSE
  - 30TH DONNA & WESLEY KOUNS
  - 53RD DOROTHY FOSTER & ROBERT LYONS
  - 23RD COLEEN & COY OWENS
  - 5TH EARLEEN BARKER & RON TEHAN
  - 37TH GRACE WILKINSON & GERALD WRIGHT
  - 44TH FERN & GEORGE YULE

San Diego Historical Society invites you to attend a preview reception for the exhibition

**"Come to the Fair":**  
Celebrating the 75th Anniversary of the 1915-1916 Expositions in Balboa Park  
Join us to honor early San Diego families who have provided underwriting for this exhibition  
Tuesday evening, January 23, 1990  
5:30 - 7:30 pm  
Museum of San Diego History  
Balboa Park  
Please RSVP to 232-6203

